

## Directions to Lake Frederick

### ***From the South***

Take Palisades Interstate Parkway North to the Rt. 6 exit. At the traffic circle, stay on Rt. 6. Follow Rt.6 to the exit ramp for Newburgh/Suffern/Rt.32 and Central Valley. Turn right at the traffic light onto Rt. 32, and drive approximately 1.2 miles into Central Valley. Turn right onto Smith Clove Road. Drive for approximately 2 miles, then take the first right after the Central Valley Golf Course, onto the Lake Frederick access road.

### ***From the North***

Take I-87 (NYS Thruway) south to exit 16 (Harriman/Rt.17). Merge onto Rt. 17W then take the exit ramp toward US 6 East/ NY 17 South/NY 32 and Harriman. Turn right at the traffic light onto Rt. 32, and drive for approximately 1.2 miles into Central Valley. Turn right onto Smith Clove Road. Drive for approximately 2 miles, then take the first right after the Central Valley Golf Course, onto the Lake Frederick access road.